



# Stations of the Cross & Benediction of the Blessed Sacrament



*All stand.*

✠ In the Name of the Father, and of the Son, and of the Holy Ghost. **Amen.**

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but ✠ deliver us from evil. Amen.**

*V.* God forbid that I should glory:

*R.* **Save in the Cross of our Lord Jesus Christ.**

Let us pray: Almighty God, we beseech thee graciously to behold this thy family, for which our Lord Jesus Christ was contented to be betrayed, and given up into the hands of wicked men, and to suffer death upon the Cross; who now liveth and reigneth with thee and the Holy Ghost ever, one God, world without end. **Amen.**

*Stanzas of the hymn, Stabat Mater, may be sung before each station.*



At the Cross her station keeping  
Stood the mournful mother weeping,  
Where he hung, the dying Lord.

For her soul of joy bereaved,  
Bowed with anguish, deeply grieved,  
Felt the sharp and piercing sword.

## I. Jesus is Condemned to Death

*V.* We adore thee, O Christ, and we bless thee,

*R.* **Because by thy holy Cross thou hast redeemed the world.**

And straightaway in the morning the chief priests held a consultation with the elders and scribes and the whole council, and bound Jesus, and carried him away, and delivered him to Pilate. And they all condemned him to be guilty of death. When Pilate therefore heard that saying, he brought Jesus forth, and sat down in the judgment seat in a place that is called the Pavement, but in the Hebrew, Gabbatha. Then delivered he him unto them to be crucified. And they took Jesus and led him away.

*V.* God spared not his own Son:

*R.* **But delivered him up for us all.**

Let us pray: Grant, we beseech thee, Almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved; through our Lord and Savior Jesus Christ. **Amen.**

Who, on Christ's dear mother gazing,  
Pierced by anguish so amazing,  
Born of woman, would not weep?

## II. Jesus Takes up His Cross

*V.* We adore thee, O Christ, and we bless thee,

*R.* **Because by thy holy Cross thou hast redeemed the world.**

And he bearing his Cross went forth into a place called the place of a skull, which is called in the Hebrew Golgotha. Though he were a Son, yet learned he obedience by the things which he suffered.

He was led as a sheep to the slaughter; and like a lamb dumb before his shearer, so opened he not his mouth. Worthy is the Lamb that was slain to receive power, and riches, and wisdom, and strength, and honor, and glory, and blessing.

*V.* The Lord hath laid on him the iniquity of us all:

*R.* **For the transgression of his people was he stricken.**

Let us pray: Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified; Mercifully grant that we, walking in the way of the Cross, may find it none other than the way of life and peace; through the same thy Son Jesus Christ our Lord. **Amen.**

Who, on Christ's dear mother thinking  
Such a cup of sorrow drinking,  
Would not share her sorrows deep?

## III. Jesus Falls the First Time

*V.* We adore thee, O Christ, and we bless thee,

*R.* **Because by thy holy Cross thou hast redeemed the world.**

Christ Jesus, being in the form of God, thought it not robbery to be equal with God: but made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men: and being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the Cross. Wherefore God also hath highly exalted him, and given him a Name which is above every name. O come, let us worship and fall down, and kneel before the Lord our Maker, for he is the Lord our God.

*V.* Surely he hath borne our griefs:  
*R.* **And carried our sorrows.**

Let us pray: O God, who knowest us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright; grant to us such strength and protection, as may support us in all dangers, and carry us through all temptations; through Jesus Christ our Lord. **Amen.**

For his people's sins chastised,  
She beheld her Son despised,  
Scourged, and crowned with thorns entwined.

#### IV. Jesus Meets His Mother

*V.* We adore thee, O Christ, and we bless thee,  
*R.* **Because by thy holy Cross thou hast redeemed the world.**

What shall I testify unto thee? What shall I liken to thee, O daughter of Jerusalem? What shall I compare to thee, that I may comfort thee, O virgin daughter of Zion? For thy ruin is deep as the sea: who can heal thee? Blessed are they that mourn: for they shall be comforted. The Lord shall be thine everlasting light, and the days of thy mourning shall be ended.

*V.* A sword shall pierce through thine own soul also:  
*R.* **That the thoughts of many hearts may be revealed.**

Let us pray: We beseech thee, O Lord, pour thy grace into our hearts; that, as we have known the incarnation of thy Son Jesus Christ by the message of an angel, so by his Cross and passion we may be brought unto the glory of his resurrection; through the same Jesus Christ our Lord. **Amen.**

Saw him then from judgment taken,  
And in death by all forsaken,  
Till his spirit he resigned.

#### V. The Cross is Laid upon Simon of Cyrene

*V.* We adore thee, O Christ, and we bless thee,  
*R.* **Because by thy holy Cross thou hast redeemed the world.**

And as they came out, they found a man of Cyrene, Simon by name, coming out of the country, and on him they laid the Cross, that he might bear it after Jesus. If any man will come after me, let him deny himself, and take up his cross and follow me. Take my yoke upon you and learn of me; for my yoke is easy, and my burden light.

*V.* Whosoever doth not bear his cross and come after me:  
*R.* **Cannot be my disciple.**

Let us pray: O God, whose blessed Son did overcome death for our salvation: Mercifully grant that we who have his glorious passion in remembrance may take up our cross daily and follow him; through the same thy Son Jesus Christ our Lord. **Amen.**

Jesus, may her deep devotion  
Stir in me the same emotion,  
Fount of love, Redeemer kind.

#### VI. A Woman Wipes the Face of Jesus

*V.* We adore thee, O Christ, and we bless thee,  
*R.* **Because by thy holy Cross thou hast redeemed the world.**

He hath no form or comeliness; and when we see him, there is no beauty that we should desire him. He was despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were our faces from him: he was despised, and we esteemed him not. His visage was so marred more than any man, and his form more than the sons of men. He was wounded for our transgressions, he was bruised for our iniquities; the chastisement of our peace was upon him; and with his stripes we are healed.

*V.* Turn us again, O Lord God of hosts:

*R.* **Show us the light of thy countenance, and we shall be whole.**

Let us pray: O God, who before the passion of thine only begotten Son didst reveal his glory upon the holy mount: Grant unto us thy servants, that in faith beholding the light of his countenance, we may be strengthened to bear the cross, and be changed into his likeness from glory to glory: through the same Jesus Christ our Lord. **Amen.**

That my heart fresh ardor gaining,  
And a purer love attaining,  
May with thee acceptance find.

## VII. Jesus Falls the Second Time

*V.* We adore thee, O Christ, and we bless thee,

*R.* **Because by thy holy Cross thou hast redeemed the world.**

Surely he hath borne our griefs and carried our sorrows. All we like sheep have gone astray; we have turned everyone to his own way; and the Lord hath laid on him the iniquity of us all. He was oppressed, and he was afflicted, yet he opened not his mouth: for the transgression of his people was he stricken.

*V.* But as for me, I am a worm and no man:

*R.* **A very scorn of men, and the outcast of my people.**

Let us pray: Almighty and everlasting God, who, of thy tender love towards mankind, hast sent thy Son, our Savior Jesus Christ, to take upon him our flesh and to suffer death upon the Cross, that all mankind should follow the example of his great humility; Mercifully grant that we may both follow the example of his patience, and also be made partakers of his resurrection; through the same Jesus Christ our Lord. **Amen.**

True repentance, Jesus, win me:  
Savior print thy wounds within me.  
Brand them on my stubborn heart.

As thou bought'st, through tribulation,  
In thy passion, my salvation,  
Let me bear therein my part.

## VIII. Jesus Meets the Women of Jerusalem

*V.* We adore thee, O Christ, and we bless thee,

*R.* **Because by thy holy Cross thou hast redeemed the world.**

And there followed him a great company of people, and of women which also bewailed and lamented him. But Jesus turning unto them said, "Daughters of Jerusalem, weep not for me, but weep for yourselves, and for your children."

*V.* They that sow in tears:

*R.* **Shall reap in joy.**

Let us pray: Almighty and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are

penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

Let me mourn, O Lord, beside thee  
For the sins which crucified thee,  
While my life remains in me.

### IX. Jesus Falls the Third Time

*V.* We adore thee, O Christ, and we bless thee,  
*R.* **Because by thy holy Cross thou hast redeemed the world.**

O my people, what have I done unto thee, or wherein have I wearied thee? Testify against me. Because I brought thee forth from the land of Egypt, thou hast prepared a Cross for thy Savior. Because I led thee through the desert forty years, and fed thee with manna, and brought thee into a land exceeding good, thou hast prepared a Cross for thy Savior. What more could I have done unto thee that I have not done?

*V.* He was led as a sheep to the slaughter:  
*R.* **And like a lamb dumb before his shearer, so opened he not his mouth.**

Let us pray: Keep, we beseech thee, O Lord, thy Church with thy perpetual mercy; and, because the frailty of man without thee cannot but fall, keep us ever by thy help from all things hurtful and lead us to all things profitable to our salvation; through Christ our Lord. **Amen.**

Take beneath the Cross my station.  
And in all thy desolation  
so unite myself with thee.

### X. Jesus is Stripped of His Garments

*V.* We adore thee, O Christ, and we bless thee,  
*R.* **Because by thy holy Cross thou hast redeemed the world.**

And when they were come unto a place called Golgotha, that is to say, place of a skull, they gave him vinegar to drink mingled with gall: and when he had tasted thereof, he would not drink. And they parted his garments, casting lots: that it might be fulfilled which was spoken by the prophet, "They parted my garments among them, and upon my vesture did they cast lots."

*V.* They gave me gall to eat:  
*R.* **And when I was thirsty they gave me vinegar to drink.**

Let us pray: O Lord God, whose blessed Son, our Savior, gave his back to the smiters and hid not his face from shame: Grant us grace to take joyfully the sufferings of the present time, in full assurance of the glory that shall be revealed; through the same thy Son Jesus Christ our Lord. **Amen.**

Jesus, great beyond all other,  
Turn not from me, heav'nly brother,  
Let me too bewail thy pain.

### XI. Jesus is Nailed to the Cross

*V.* We adore thee, O Christ, and we bless thee,  
*R.* **Because by thy holy Cross thou hast redeemed the world.**

And when they were come to the place which is called Calvary, there they crucified him. And with him they crucified two thieves; the one on his right hand, and the other on his left. And the scripture was fulfilled, which saith, "And he was numbered with the transgressors." O my people, what have I done unto thee? I did raise thee on high with great power: and thou hast hanged me upon the gibbet of the Cross.

*V.* I, if I be lifted up:

*R.* **Will draw all men unto me.**

Let us pray: O God, who by the passion of thy blessed Son hast made the instrument of shameful death to be unto us the means of life and peace: Grant us so to glory in the Cross of Christ, that we may gladly suffer shame and loss; for the sake of the same thy Son our Lord. **Amen.**

Let my soul, thy death declaring,  
Thy unsparing passion sharing,  
Count thy bruises one by one.

## XII. Jesus Dies on the Cross

*V.* We adore thee, O Christ, and we bless thee,

*R.* **Because by thy holy Cross thou hast redeemed the world.**

When Jesus therefore saw his mother, and the disciple standing by, whom he loved, he saith unto his mother, "Woman, behold thy son!" Then saith he to the disciple, "Behold thy mother!" When Jesus therefore had received the vinegar, he said, "It is finished." And when he had cried with a loud voice, he said, "Father, into thy hands I commend my spirit." And he bowed his head, and gave up the ghost.

*All kneel. Then may be said the Our Father and the Hail Mary silently, after which all rise.*

*V.* Christ for our sake became obedient unto death:

*R.* **Even the death of the Cross.**

Let us pray: O God, who for our redemption didst give thine only-begotten Son to the death of the Cross, and by his glorious resurrection hast delivered us from the power of our enemy; Grant us so to die daily from sin, that we may evermore live with him in the joy of his resurrection; through the same thy Son Christ our Lord. **Amen.**

Let thy stripes and scourging smite me;  
At thy holy Cross requite me,  
Let thy blood refresh me there.

## XIII. The Body of Jesus is Placed in the Arms of His Mother

*V.* We adore thee, O Christ, and we bless thee,

*R.* **Because by thy holy Cross thou hast redeemed the world.**

All ye that pass by, behold, and see if there be any sorrow like unto my sorrow. Mine eyes do fail with tears, my soul is troubled; my heart is poured out in grief because of the downfall of my people. Call me not Naomi (which is Pleasant), call me Mara (which is Bitter); for the Almighty hath dealt very bitterly with me.

*V.* Her tears are on her cheeks:

*R.* **She hath none to comfort her.**

Let us pray: Grant, we beseech thee, merciful Lord, to thy faithful people pardon and peace, that they may be cleansed from all their

sins, and serve thee with a quiet mind; through Jesus Christ our Lord. **Amen.**

O how sad and sore distressed  
Now was she, that mother blessed  
Of the sole-begotten One.

#### XIV. Jesus is Laid in the Tomb

*V.* We adore thee, O Christ, and we bless thee,  
*R.* **Because by thy holy Cross thou hast redeemed the world.**

When the even was come, there came a rich man of Arimathaea, named Joseph, who also himself was Jesus' disciple; he went to Pilate, and begged the body of Jesus. Then Pilate commanded the body to be delivered. And when Joseph had taken the body, he wrapped it in a clean linen cloth, and laid it in his own new tomb, which he had hewn out in the rock: and he rolled a great stone to the door of the sepulchre, and departed.

*V.* Thou shalt not leave my soul in hell:  
*R.* **Neither shalt thou suffer thy Holy One to see corruption.**

Let us pray: Grant, O Lord, that as we are baptized into the death of thy blessed Son, our Savior Jesus Christ, so by continual mortifying our corrupt affection we may be buried with him; and that through the grave, and gate of death, we may pass to our joyful resurrection; for his merits, who died, and was buried, and rose again for us, the same thy Son Jesus Christ our Lord. **Amen.**

Deep the woe of her affliction,  
When she saw the crucifixion  
Of her everglorious Son.

*V.* O Savior of the world, who by thy Cross and precious Blood hast redeemed us

*R.* **Save us and help us, we humbly beseech thee, O Lord.**

Let us pray: Almighty Father, who hast given thine only Son to die for our sins, and to rise again for our justification; Grant us so to put away the leaven of malice and wickedness, that we may always serve thee in pureness of living and truth; through the merits of the same thy Son Jesus Christ our Lord. **Amen.**

✠ The grace of our Lord Jesus Christ, the love of God, and the fellowship of the Holy Ghost be with us all evermore. **Amen.**

## Benediction of the Blessed Sacrament

*All Kneel. The Blessed Sacrament is exposed on the Altar in the Monstrance and the following hymns are sung while the Sacrament is censed.*

O Saving Victim opening wide  
The Gate of Heaven to man below,  
Our foes press on from every side,  
Thine aid supply, Thy strength bestow.

All praise and thanks to Thee ascend  
For evermore, blest One in Three;  
O grant us life that shall not end,  
In our true native land with Thee. Amen.

*(O salutaris Hostia, SAH #164)*

Therefore we, before Him bending,  
This great Sacrament revere;  
Types and shadows have their ending,  
For the newer rite is here;  
Faith, our outward sense befriending,  
Makes the inward vision clear.

Glory let us give and blessing  
To the Father and the Son,  
Honor, might, and praise addressing,  
While unending ages run;  
Ever too His love confessing  
Who from One with both is one. Amen.

*(Tantum ergo, SAH #168)*

*The Priest sings*      Thou gavest them Bread from hea/ven.  
*People*                    **Containing in itself all sweet/ness.**

*Priest* Let us pray: O God, who in this wonderful Sacrament has left us a perpetual Memorial of Thy Passion: Grant us, we beseech Thee, so to venerate the Sacred Mysteries of Thy Body and Blood, that we may ever perceive within ourselves the fruit of Thy redemption; who livest and reignest, world without end. **Amen.**

*The priest blesses the people with the Sacrament.*

*The priest says the Divine Praises and they are repeated by the people.*

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true Man.  
Blessed be the Name of Jesus.  
Blessed be Jesus in the Most Holy Sacrament of the Altar.  
Blessed be God the Holy Ghost, the Comforter.

Blessed be the Great Mother of God, Mary most Holy.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be Saint Joseph, her most chaste spouse.  
Blessed be God in His Angels and in His Saints.

*The Blessed Sacrament is replaced in the Tabernacle, the People stand, and Psalm 117, with this antiphon, is sung.*



*Antiphon:* Let us for-ev-er a-dore the Most Ho-ly Sac-ra-ment.



O PRAISE the Lord, all ye / nations; \* praise him, / all ye peoples.  
For His merciful kindness is ever more and more / toward us; \*  
and the truth of the Lord endureth for / ever. Praise the Lord.  
Glory be to the Father, and to / the Son, \* and / to the Holy Ghost:  
As it was in the beginning, † is now, and ever / shall be, \* world /  
without end. Amen. *(Repeat Antiphon).*

*The clergy and acolytes return to the sacristy.*