

## The Sacrament of Penance For a Layman

### *KNEEL*

**Father, give me your blessing for I have sinned.**

The Lord be in thy heart and upon thy lips, that thou mayest meetly and rightly confess thy sins, in the Name of the Father, and of the „ Son, and of the Holy Ghost.

**Amen.**

*The penitent then enumerates his sins, and, if desired, the Priest will give him counsel and advice, and before pronouncing absolution he may impose a penance.*

*When the Priest wishes to absolve a penitent, after a penance enjoined and accepted, he shall say:*

Almighty God have mercy upon thee, forgive thee thy sins, and bring thee to everlasting life.

**Amen.**

*Then raising his right hand toward the penitent, he says:*

The almighty and merciful Lord grant unto thee pardon, absolution, and remission of thy sins.

**Amen.**

Our Lord Jesus Christ absolve thee; and I by his authority absolve thee from every bond of excommunication and interdict, so far as I have power, and thou hast need. Furthermore I absolve thee from thy sins, in the Name of the Father, and of the Son, „ and of the Holy Ghost.

**Amen.**

*Another form:*

Our Lord Jesus Christ, who hath left power to his Church to absolve all sinners who truly repent and believe in him, of his great mercy forgive thee thine offences; And by his authority committed to me, I absolve thee from all thy sins; in the Name of the Father, and of the Son „ and of the Holy Ghost.

**Amen.**

*When grave necessity presses in danger of death, the Priest may say briefly:*

I absolve thee from all censures and sins, in the Name of the Father, and of the Son, „ and of the Holy Ghost. Amen.